



Spring Fling

April 24-26, 2026

Hosted by Winterhurst FSC

Held at

Winterhurst Ice Arena

14740 Lakewood Heights Blvd

Lakewood, Ohio 44107

I. COMPETITION OVERVIEW

The Spring Fling Competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), and/or [current Compete USA handbook](#) as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules.

Skaters must be a currently registered member of a U.S. Figure Skating member club, (if offering Compete USA events) Learn to Skate USA® member, a collegiate club or who is an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the [rulebook](#) for more information.

SERIES INFORMATION:

Spring Fling has been selected as a U.S. Figure Skating Excel Series Competition. Skaters must register to participate in the Excel Series prior to competition at designated competitions in order to have their points recorded and seen in standings.

[Excel Series Registration](#) | [Excel Series Information](#)

II. ELIGIBILITY

Singles: Excel and Well-Balanced Events:

- Skaters must meet at least the minimum singles test requirements for the event's level. A skater's singles test level may be higher than the minimum requirement.
 - o Skate Up: skaters may skate up one level higher than their minimum test requirement allows.
- Skaters may not register for an event level lower than allowed by their competitive floor. An athlete's competitive floor is set by one of the following scenarios:
 - o If an athlete has a paid EMS series application for the NQS series, the event level registered for in the most recent NQS will become the lowest level they may compete at in any U.S. Figure Skating sanctioned event.
 - o If an athlete has a paid EMS series application for the Excel Series, the event level registered for in the most recent Excel series will become the lowest level they may compete in any Excel event. For Well-Balanced and Specialty events the skater will be permitted to register at one level lower than the "floor" set by their excel series entry.
 - o If an athlete has never had a paid EMS series application in the NQS or Excel series, the athlete may select their level based on their goals and technical skills as long as the minimum test requirements are met.
- Skaters are not permitted to enter an Excel free skate and a Well-Balanced free skate event at the same competition (example: Juvenile Girls Free Skate and Juvenile Girls Excel Free Skate). However, they are permitted to enter an Excel and a Well-Balanced event of different types such as a short program (if stand-alone event option), specialty or showcase events (example: Intermediate Women Short Program and Intermediate Women Excel Free Skate).
- For more details about establishing event levels, refer to the information sheet [HERE](#) or email events@usfigureskating.org.

All other singles and partner events (such as Adults, Pairs, Ice Dance):

- Skaters must meet the minimum test requirements for the events level, but not exceed the maximum permissible test requirement.

EVENTS OFFERED:

- **U.S. Figure Skating Program Requirements:** usfigureskating.org --> Skate --> Compete --> Program Requirements
- **Compete USA Program Requirements:** learntoskateusa.com/competeusa
 - o [Click here for the Skate United Athlete Form.](#)
- **Skating Accommodation Memorandum (S.A.M.):** Skaters using a S.A.M. must submit their S.A.M. to the competition chair via email at sscspringfling@gmail.com.
 - o [Click here for more information about S.A.Ms.](#)

On the program requirements page linked above, competitions that fall within the date range beside the program requirements must use those requirements.

SINGLES	JUDGING	1st Event Price	2nd Event Price
Excel Free Skate - Pre-Preliminary	6.0	\$125	\$60
Excel Free Skate - Preliminary Plus - Senior	IJS	\$165	\$65
Well Balanced Short Program	IJS	\$165	\$65
Well Balanced Free Skate – Pre-Preliminary	6.0	\$125	\$60
Well Balanced Free Skate – Preliminary – Senior	IJS	\$165	\$65
Adult Free Skate (Adult Pre-Bronze – Master Jr/Sr)	IJS	\$165	\$65
Adult Beginner & High Beginner Free Skate	6.0	\$125	\$60
ATHLETE DEVELOPMENT	JUDGING	1st Event Price	2nd Event Price
Compulsory Moves (Level 1 - 8)	6.0	\$125	\$65
Jumps Challenge (Level 4 – 9)	IJS	\$165	\$65
Jumps Challenge (Level 1 – 3)	6.0	\$125	\$65
Spins Challenge (Level 3 – 6)	IJS	\$165	\$65
Spins Challenge (Level 1 – 2)	6.0	\$125	\$65
COMPETE USA EVENTS	JUDGING	1st Event Price	2nd Event Price
Snowplow Sam-Basic 6 Program w/ Music	6.0	\$70	\$50
Aspire 1-4 Program w/ Music	6.0	\$125	\$60
Adult 1-6 Program w/ Music	6.0	\$70	\$50
Snowplow Sam – Basic 6 Elements – Compulsory program format	6.0	\$70	\$50
Adult 1-6 Compulsory Moves	6.0	\$70	\$50

- Skaters registering in both a Basic Skills event and Aspire event must pay the Aspire 1st event fee and then the additional event fee for the other events.
- Please ensure you have checked the correct boxes while registering. If you incorrectly mark a box that results in the event needing to be changed after March 25, 2026, you will be assessed a \$30 fee per changed event.
- Please Note: There will be a service charge assessed of \$35 for all credit card disputes.

OUR COMMUNITY:

U.S. Figure Skating is dedicated to fostering a culture of belonging and community that is welcoming for all individuals. We are committed to championing diversity, equity and inclusion and understand its value in combating discrimination and challenging inequalities necessary to develop champions both on and off the ice. We are actively working toward developing equitable practices and policies that foster safety and empower all individuals to authentically pursue their unique path in all areas of our sport. We stand firmly on the belief that our members are the most important asset to our organization and that our differences are meaningful and strengthen our sport. We believe that skating is for everyone.

NON-DISCRIMINATION:

U.S. Figure Skating commits in policy, principle and practice to sustain a non-discriminatory approach on and off the ice for all members. We strive to provide equal opportunity for all despite their varied backgrounds, experiences and identities, and want all members to feel valued and respected at every level of organization. U.S. Figure Skating's SkateSafe® Program receives, investigates and addresses allegations of discrimination or harassment throughout its membership and the organization. Please refer to the [SkateSafe® Program Handbook](#) for further definition of harassment, discrimination and abuse.

By attending this event, all participants are willingly committing to upholding U.S. Figure Skating's Code of Ethics (*GR 1.01*) and Code of Conduct (*GR 1.02*), as detailed within the [U.S. Figure Skating Rulebook](#).

To report a concern of discrimination or harassment to U.S. Figure Skating, please visit www.USFigureSkating.org/SkateSafe or email SkateSafe@USFigureSkating.org.

ATHLETE ASSISTANCE/ACCOMMODATIONS:

Should a skater with disabilities require any specific accommodations or assistance for their competitive event, please submit your approved S.A.M to the Competition Chair by the registration deadline at sscspringfling@gmail.com.

COMPLIANCE:**COACHES:**

To be an eligible coach at a nonqualifying competition, coaches must meet the applicable compliance requirements and verified by U.S. Figure Skating. Coach compliance falls into two categories, Coach Compliance (includes choreographers) and Learn to Skate USA® Instructor Compliance. Details regarding compliance requirements can be found [in](#) Members Only, click the blue "COACH" button. All compliance requirements must be met at the time of check-in to access the competition, no exceptions.

Coaches of foreign athletes: If you are a coach of a foreign athlete only, you are not subject to U.S. Figure Skating coach compliance and will only be asked to provide a letter of good standing for the federation your athlete represents.

III. REGISTRATION INFORMATION**ONLINE REGISTRATION VIA EMS (Singles and Partnered events only):**

Online registrations will be accepted via [EMS](#). Payment must be made at the time of registration by credit card only. Each transaction includes a 3% Processing Fee.

Registration Deadline: 03/16/2026 at 11:59pm

Late Registration Deadline: 03/17/2026 at 11:59pm + \$50 Late Fee

*The host club reserves the right to close registration at any time if event capacity is met

1. Go to www.usfsaonline.org

2. Enter your U.S. Figure Skating or if Compete USA events are offered, your Learn to Skate USA® member number and password
 - a. If you need assistance with your member number and password, contact Member Services at memberservices@usfigureskating.org.
3. Click EMS then “Competition Registration”
4. Choose “Spring Fling Competition” from the list of nonqualifying competitions.
 - a. If you need assistance completing your registration, contact productsupport@usfigureskating.org.

TEST CREDIT:

Test Credit is available. Please email sscspringfling@gmail.com the skaters name and event for test credit prior by April 23, 2026. Please refer to Technical Notification 303. Test Credit fee is \$25

Any athlete seeking IJS Test Credit is responsible for all steps outlined in the “For Athletes” section of the [IJS Protocol for Test Credit](#) document. This includes submitting your Test Credit Packet and coach statement to your club for official processing within the permissible timeline.

MUSIC SUBMISSION/UPLOAD:

EMS MUSIC UPLOAD: Competitors participating in events with music are required to upload their music to EMS no later than **11:59pm on April 15, 2026 ET**. After this date, skaters will be locked out of this feature and subject to a **\$30 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

DEADLINE: 11:59pm on April 15, 2026

EMS SKATER MUSIC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

Competitors must also have available a backup copy of their competition music on a cell phone and it must be immediately available rinkside whenever the skater competes. If the phone does not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

PLANNED PROGRAM CONTENT (PPC) SUBMISSION/UPLOAD – FOR IJS EVENTS ONLY:

EMS PLANNED PROGRAM CONTENT (PPC) – Competitors participating in IJS events are required to submit PPC in EMS no later than 11:59pm on April 15, 2026 ET. After this date, skaters will be locked out of this feature in EMS and subject to a **\$30 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

DEADLINE: 11:59pm on April 15, 2026

EMS PPC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

REFUND POLICY

Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals.

LIABILITY:

U.S. Figure Skating, Learn to Skate USA®, Winterhurst FSC and Winterhurst Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

IV. COMPETITION DETAILS

FACILITIES:

Winterhurst Ice Arena
14740 Lakewood Heights Blvd
Lakewood, Ohio 44107
Winterhurstice.com
Winterhurstfsc.com

LOCKER ROOMS AND CHANGING AREAS:

GENERAL LOCKER ROOMS:

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only and will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes under 11 years old that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy in the [SkateSafe® Handbook](#).

U.S. Figure Skating Travel Policy:

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors who are at least 8 years of age or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe® Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe® Handbook](#).

OFFICIAL WEBSITE & UPDATES:

Information can be found at <https://www.winterhurstfsc.com/>. A bulletin board will be available in the lobby near the registration desk. Please check the bulletin board for any updates. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information pertaining to the competition.

SCHEDULE

Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

PRACTICE ICE:

Practice Ice will be available for purchase in EMS after the schedule is posted. An email will be sent with

practice ice details.

ONSITE CHECK-IN:

Check-in will be in the lobby and open one hour before events start each day.

If you are participating in a role requiring compliance, please be sure to [download or print your compliance card](#) to verify your compliance status on-site, if requested. If you believe your compliance card does not accurately reflect your compliance status, please contact skatesafe@usfigureskating.org at least 2 business days prior to the competition for assistance.

AWARDS:

Medals will be awarded 1st through 3rd place and will be available in the Lobby at the awards table and podium. Awards will be available after the official posting of the results.

PHOTO/VIDEO:

828 Studios will be available for photos. An email will go out to skaters with information on how to order photos. Live and on-demand streaming, and sales and distribution of U.S. Figure Skating sanctioned and approved events, programs, and activities that include the playback of music is strictly prohibited. This prohibition does not apply to the distribution of footage that does not include music. Questions about this can be directed to music@usfigureskating.org.

ADDITIONAL INFORMATION:

Please refer to winterhurstfsc.com for any information.

CONTACT INFORMATION:

Competition website: winterhurstfsc.com

For questions, please contact the following individuals:

Competition Chair:	Nicky Kappenhagen	sscspringfling@gmail.com
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